

UNIVERSITY CENTRE

Be extraordinary.

HEALTH AND SOCIAL SCIENCES

SECTOR GUIDE

Welcome to Health and Social Sciences

Over 1.4 million people are employed by the NHS and a further 1.6 million in the social care sector

Are your ready to develop your expertise in the Health and Social Sectors?

Do you have a passion for helping and supporting others? Whether you are currently employed or looking to start your career in the sector; our programmes are designed to meet the current demands of this vital market.

From working with vulnerable children to community health, mental health, and healthcare; this sector is diverse and offers a wide variety of careers paths and progression opportunities. Whatever path you choose, you can make a difference in many lives. We can help you retrain, upskill, or start your challenging but rewarding career.

> The health and social care sectors employ one in ten of the working population.



Why Us?

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Our University Centre is a place where you can learn in-depth sector knowledge, paired with qualifications that are designed by our highly experienced lecturers with the sector in mind.

You will also benefit from our combined history of outstanding quality, an expanded Higher Level qualification portfolio - which continues to grow university partnerships and industry links.

Facilities across our campuses promise modernised classrooms, well equipped Learning Resource Centres, and dedicated spaces to help you thrive in your studies. Areas across our campuses' are also undergoing significant investment to give you spaces to enjoy, relax, and study.

Start your journey and invest in your future with our flexible programmes that are designed to work around your current home life. You can learn now, pay later with Student Finance, and fast-track your career.



Our students will join The British Association for Counselling and Psychotherapy (BACP) as part of their studies. BACP is one of the largest therapy professional bodies in the UK with over 47,000 members, which incorporates both counsellors and psychotherapists.

Fast-track your career

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Health and Social Care jobs account for a large proportion of the national working population, with jobs that range from clerical to care and management. There are many roles to choose from in this crucial industry, that are not only rewarding but also essential to society; you can also progress and specialise in many pathways, finding the discipline that is right for you and your aspirations. Here is a snippet of the types of jobs in their field:



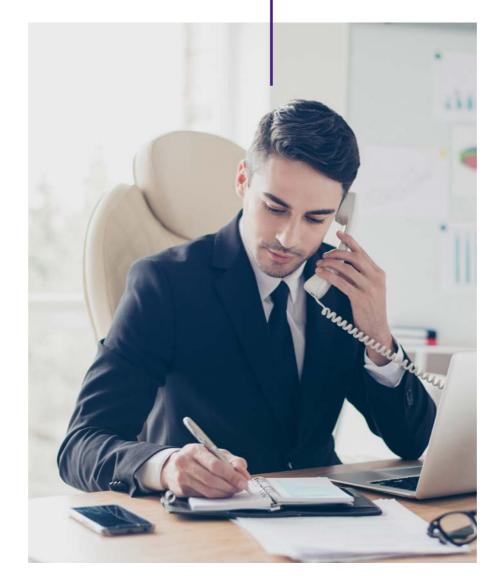
Listen, empathise, and make a positive difference, become a Counsellor.

You will:

- Earn between £20k £40k
- Actively listen and support clients through their issues
- Undertake therapy sessions
- Encourage deeper understanding and different ways of thinking

Think strategically, plan operations, become a Health Service Manager.

- You will:
- Earn from £24k £90k depending on the seniority of the role
- Manage the cost, delivery and quality of healthcare services
- Oversee the day-to-day operations
- Manage clinical, professional, clerical and administrative staff





Help families, offer guidance, become a Family Support Worker

You will:

- Earn from anywhere between 18k £50k depending on your experience and managerial responsibilities
- Offer practical help and emotional support to families
 experiencing short or long-term difficulties
- Complete an assessment of families' need
- Undertake regular caseload review meetings with individuals and families during home and community visits



depending on your experience

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International job opportunities

Industry **Partnerships**

Our lecturers work with key community health and social providers services within Lancashire; who not only help shape our programmes but offer our students real-life experiences in this challenging but rewarding sector.

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Employer partners help us design our qualifications for the industry by addressing any current skills gaps and factoring in future market trends. Students will not only gain an advantage from having tailored qualifications designed for the market, but they can also take advantage of their expertise with guest lecturing and visits to industry workplaces.



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ASPIRE



Our Experts



Justine Pollard Programme Leader for

Health Management

"I've been a Registered Nurse since 1994, working both in the NHS and private healthcare. I have managed nurses and services for 21 years, and my specialities include, mental health services, older persons care and palliative care – both paediatric and adults.

"The small class sizes we enjoy at the University Centre ensures that lessons and content can be tailored to each student's specific area, and while with us, you will have the benefit of dual professionals who teach and have extensive industry experience.

"I'm passionate about Health Management as I feel that non-clinical staff who work in both private and public healthcare are underrepresented and that there should be a drive to professionalise healthcare management away from the classic roles of nurses, doctors and clinicians. I want to equip students with career-focused qualifications and empower them with confidence and skills to be effective healthcare managers without being clinically trained."



lan Pickering Programme Leader for Alcohol and Substance Misuse

"I worked in substance misuse services for eight years and have experience of managing residential treatment centres and community programmes in Lancaster, Chorley and the Manchester area. I also have experience of writing and developing therapeutic programmes in recovery services.

I am passionate about this sector, working with people who have lost direction, lost contact with family and friends, they may have been through the criminal justice system. Getting them back on track and back into education or work and seeing that transformation is incredibly rewarding.

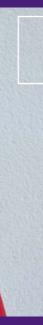
The alcohol and substance misuse course will support you to further develop your knowledge, lead on to further study, or progress in your career enabling you to make a difference. It also dovetails with mental health, such a key aspect of substance misuse and recovery, and you will gain real-world insight from expert speakers through our strong network of industry links."



Kay Fishwick Programme Leader for Counselling

"My career began as a youth worker, after achieving a professional diploma and degree in Health Psychology and Counselling. I started out supporting and counselling young people that were considered hard to reach, and I have also worked in bereavement counselling service, Victim Support and the Witness Service in Preston, Leyland, Chorley and Ormskirk.

"I have been a lecturer in Counselling and Psychotherapy for the past 11 years, and I am passionate about enhancing the prospects of students through personal growth and development. I also run a private practice and I'm a member of the British Association for Counselling and Psychotherapy."



Audrey Moore Programme Leader for Mental Health

- "I have a background of working in the care sector for 20 years, and the programme we offer is where I started my journey into Higher Education.
- "Mental Health work is an ever-expanding area. The workforce needs people who have empathy and the necessary qualifications to make a difference in our communities, helping to reduce stigma and promoting good mental wellbeing, to ultimately support people to live life to their full potential."



Our Graduates



"The course offered in the University Centre department is ideal for working parents to provide progression – attending once a week fitted in with home life and family commitments. The Learning Support Team at College were also outstanding in arranging an assessment for my reading and writing needs and ensuring they were met.

"The qualification has enabled me to work as a band five practitioner within the NHS, while also building my confidence that I can achieve great things.

"It has led me to further study in the form of a Masters in Social Work at the University of Cumbria to continue my progression in my chosen field. I would like to work with older adults with mental health problems and enable people to meet their full potential."

Victoria Copsey

Studied:

BA (Hons) in Health and Applied Social Studies

Where now:

Continuing in her career as a Liaison and Diversion Practitioner in the NHS while studying for a Masters in Social Work at the University of Cumbria

"We have fantastic teachers in the University Centre department, and I have found the College to be helpful when I have fallen on tough times. Also, the smaller classes compared to lectures in some universities gives us more 1:1 interaction with the tutors, and it is really beneficial for my learning.

"I'm now working towards my BA (Hons) degree. I have been on a beautiful journey of self-discovery, which continuously encourages my curiosity to reach a broader and Higher Level of understanding of the subject.

"My ultimate ambition is to work in a therapeutic environment, where my skills can be appreciated and utilised."

Benny Asghar

Studied: FdA Counselling

Where now: Completing the BA (Hons) Counselling and Psychotherapy





"I have enjoyed the challenge of the Foundation degree, and meeting and bonding with my peers and the staff team. The staff team are amazing at the University Centre and they are incredibly professional and supportive. I completed the Access to HE course previously which was also very well put together.

"My FdA will increase the level of qualifications I have for my current job role and increase my eligibility for higher roles. I currently work in the mental health sector and would like to get into Higher Level mental health advocacy. This would allow me to be a part of supporting the rights of individuals who struggle to understand their rights."

David Barrow

Studied: FdA Mental Health Work

Where now: Continuing in his career as a Senior Support Worker at Thistle Manor while completing the BA (Hons) Health and Applied Social Studies

- "I came back to study after nine years and was very much supported by both staff and fellow students. I work in substance misuse as a recovery coordinator, and this qualification helped me in my personal development as well as my career.
- "I thoroughly enjoyed my time as I got a lot of support from tutors and made some good friends. Also, the support from IT, admin and library staff has been great and I really appreciated the smaller class sizes.
- "I have been able to progress to a Masters in Mental Health and procure employment with the mental health team. I would like to progress into other areas of mental health, which includes dual diagnosis, as I want to make a change as well as removing stigma of this in society."

Sarah Subhani

Studied: BA (Hons) in Health and Applied Social Studies

Where now:

Gained employment as a Dual Diagnosis Liaison Practitioner in the NHS and acceptance to study for a Masters in Mental Health at the University of Manchester



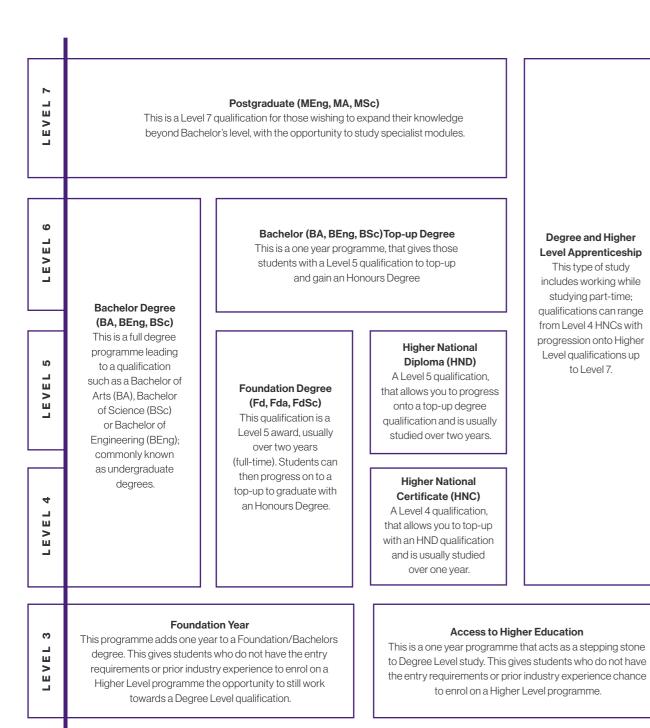
Qualifications designed for industry

If you currently work in the Health and Social Care sector our qualifications can prepare you for your next step in your career. Or maybe you are looking to start your career after studying or retraining? We deliver qualifications that are designed with and for the industry.

Our expert lecturers closely monitor the sector to continually develop the curriculum; offering you tailored lessons that are designed to meet national needs; giving you an advantage in your career.

Our qualifications are also designed to suit you. We offer flexible delivery and tailored study packages, so you can study while you work, fit learning around your family life or take things at your own pace. Explore our programmes, pick your niche and fast-track your career – it's time to invest in you.

1 in 4 people will experience a mental health problem of some kind each year in England



Qualifications Explained

Our Courses

Ask us about Higher Level Apprenticeships



UCAS Code CPHM Accrington Campus Location 1 year full-time or 2 years part-time l enath



Professional **Healthcare Management**

A Certificate in Higher Education in Professional Healthcare Management can give you the skills and knowledge to step up in your career. You will learn about management in the healthcare sector and how you can adapt your behaviours to support your professional career in a managerial/senior position.

What will I study?

- Healthcare management
- Security and communication in healthcare
- Introduction to healthcare budgeting
- Illness and co-morbidities-health inequalities in the uk
- Developing academic and professional practice
- **Research methods**

How will the course be assessed?

A series of written and practical work is assessed by your lecturers and will determine your overall grade.

Progression

On completion of the Higher National Certificate, you can go on to study a Foundation Degree or find employment within the sector. Students completing this HNC who progress to one of the Foundation Degrees listed here will enter at level 5 rather than level 4. This will shorten the FdA to one year full-time or two years part-time. See how you can progress on page 16.

Entry requirements

See page 30 for more details. If you do not meet our entry requirements you can start your path to a Higher Level qualification with our Access to Higher Education Diploma.





FdA Subject to Validation

Professional **Healthcare Management**

This Foundation Degree is designed to build on your previous studies. You will continue to learn and deepen your theoretical knowledge about management in the healthcare sector and how you can adapt your behaviours to support your professional career in a managerial/senior position.

What will I study?

- In year one, you will study: Healthcare management
- Security and communication in healthcare
- Introduction to healthcare budgeting Illness and co-morbidities-health inequalities in the UK
- Developing academic and professional practice
- Research methods

In year two, you will study:

- Healthcare and the law .
- .
- Research project .
- Human resource management
- in healthcare
- Psychology for health management

UCAS Code FPHM Location Accrington Campus 2 years full-time or 4 years part-time Length

Geography of health Finance and accounting in healthcare

Quality assurance and improvement

How will the course be assessed?

A series of written and practical work is assessed by your lecturers and will determine your overall grade.

Progression

You will be able to study a top-up degree or find employment within the sector.

Entry requirements

See page 30 for more details. If you do not meet our entry requirements you can start your path to a Higher Level qualification with our Access to Higher Education Diploma.



UCAS CodeFPHILocationAccrington CampusLength2 years full-time or 4 years part-time

University of Cumbria

FdA

Professional Healthcare Management and Informatics

Information is critical in healthcare for many reasons, and how this is stored, shared, and communicated is essential to day-to-day operations. Our FdA in Professional Healthcare Management and Informatics can give you the knowledge and skills needed to be a competent professional in this field. You will learn a wide range of operational care and management perspectives and principles that apply across the sector.

What will I study?

In year one, you will study:

- Healthcare management
- Security and communication in healthcare
- Introduction to healthcare budgeting Illness and co-morbidities- health
- Inequalities in the UK
 Developing academic and professional practice
- Research methods

In year two, you will study five core modules:

- Geography of health
- Healthcare and the law
- Finance and accounting in healthcare

 Data analysis and informatics
 You will then select an additional one module from the following options:

- Psychology for health management
- IT for managers

Research project

How will the course be assessed?

A series of written and practical work is assessed by your lecturers and will determine your overall grade.

Progression

You will be able to study a top-up degree or find employment within the sector.

Entry requirements

This is assessed on an individual basis. See page 30 for more details.



Working with Children and Families

Progression

Would you like to help young people and their families? Or maybe you already work in this field and would like to learn more techniques to help you further support them? Our Foundation Degree in Working with Children and Families will start you on your path to working in this challenging and rewarding field. It provides you with a knowledge base that will enable you to reflect on the skills you need to be an effective practitioner in the children's workforce sector. You will gain key transferable skills and attributes identified as being critical to your success, including communication and literacy skills, team working, managing self, problem-solving, critical self-reflection and an understanding of the ethical context within which the Children's Workforce and associated voluntary sectors operate.

What will I study?

- In year one, you will study
- Perspectives in human developmentProfessional skills with children, young
- Professional skills with children, young people, families, and communities
- Cultural and historical influences on children, young people and families
- Social and political influences on policy and practice
- An introduction to practitioner research
- Play and creative development in diverse contexts

In year two you will study:

- The internet, media, and society
- Researching and evaluating practice
- Crime and conflict
- Equality, diversity, inclusion and anti-oppressive practice through work based learning
- Identity, personality, and social justice
- Innovative approaches to working with children and families



UCAS Code Location Length

WWCF Accrington Campus 2 years full-time or 4 years part-time

How will the course be assessed?

A series of written and practical work is assessed by your lecturers and will determine your overall grade.

Entry requirements

See page 30 for more details. If you do not meet our entry requirements you can start your path to a Higher Level qualification with our Access to Higher Education Diploma.

You will be able to study a top up degree or find employment within the sector. See how you can progress on page 16.



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FdA

UCAS Code LN56 Accrington Campus Location 2 years full-time or 4 years part-time L enath



FdA

Alcohol and Substance Misuse Work

If you are keen to help those in need or currently work in this field, this programme has been developed by employers to give you the essential skills needed to thrive in your career. You will expand your knowledge and skills across a range of frameworks, contexts and practices that relate to substance misuse. You will also explore a variety of social, welfare, health, and legal policy responses to an array of substance misuse issues and problems.

What will I study?

In year one, you will study

- Sociology of health .
- Concepts and models of addiction
- Introduction to research
- Drug and alcohol strategy and legislation
- Care assessment and planning
- Professional practice and personal . development planning

In year two you will study:

- Prevention
- Community involvement and engagement
- Treatment and recovery
- Independent research project
- Advanced personal and professional development
- Harm reduction

How will the course be assessed?

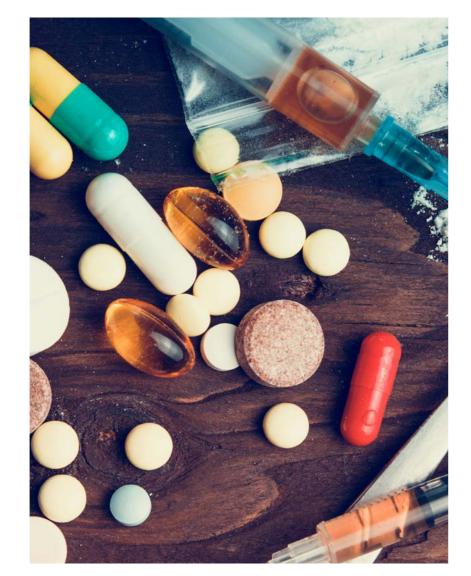
A series of written and practical work is assessed by your lecturers and will determine your overall grade.

Progression

On successful completion of this course, you can progress to BA (Hons) Health and Applied Social Studies Year 3.

Entry requirements

See page 30 for more details. If you do not meet our entry requirements you can start your path to a Higher Level qualification with our Access to Higher Education Diploma.



Mental Health Work

Do you currently work or volunteer in Mental Health? This area of Health and Social Care is expanding and new roles have been developing at a fast pace. Get prepared and gain the skills and knowledge needed to respond to these developments and support those who may be affected by their mental health. The course has been developed in consultation with Liverpool John Moore's University and industry experts to ensure it is appropriate for the current employability needs in the sector.



What will I study?

- In year one, you will study Professional practice
- and personal development
- Sociology of health Mental health and illness
- Introduction to research
- Social policy
- Care assessment and planning

In year two you will study:

- Mental health in older adults
- Promoting mental wellbeing .
- . mental health
 - Independent research project
 - Advanced personal and professional development
- Children and young people's mental health and wellbeing

UCAS Code L510 Location Accrington Campus 2 years full-time or 4 years part-time l enath

Treatment and recovery approaches in

How will the course be assessed?

A series of written and practical work is assessed by your lecturers and will determine your overall grade.

Progression

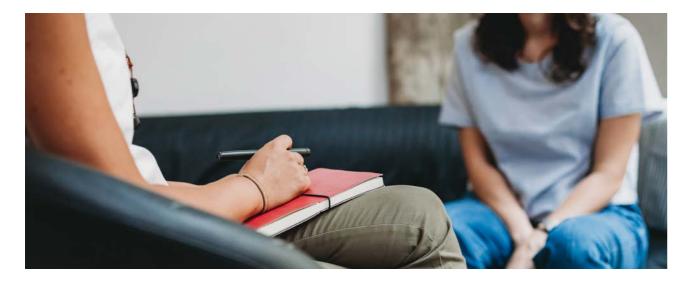
On successful completion of this course. you can progress to BA (Hons) Health and Applied Social Studies Year 3.

Entry requirements

This is assessed on an individual basis. See page 30 for more details.



UCAS CodeC356LocationAccrington CampusLength2 years full-time or 4 years part-time



FdA

Counselling Studies

Have you always had an urge to help those in need and make a positive difference in people's lives? This programme can provide you with the theoretical framework needed to start you on your path to practising counsel work. You will learn how to help relieve clients of their suffering and enable you to support them in developing their selfawareness, self-worth, and coping strategies to manage their lives more effectively. Throughout the course, you will develop relevant transferable skills such as critical enquiry, analysis, and capacity for independent learning.

Alongside this, you will also gain real-life work experience by working in placements and helping service users. You will complete a total of 100 hours of clinical practice as a trainee counsellor.

What will I study?

In year one, you will study

Personal and academic development

- Counselling skills
- Counselling theories
- Introduction to researchDeveloping counselling skills
- in clinical practice
- Developmental psychology

In year two you will study:

- Continuing personal development and professional practice
- Cognitive behavioural therapy

- Models of practice
- Research methods in counselling
- The philosophy of the mind and the theories of consciousness
- Mental health and wellbeing

how will the course be assessed? A series of written and practical work is assessed by your lecturers and will determine your overall grade.

Progression

You will be able to go on to study BA (Hons) top-up Counselling and Psychotherapy or find employment within the sector.

Entry requirements

This is assessed on an individual basis. See page 30 for more details.



BA (Hons) top-up

Counselling and Psychotherapy

Our top-up degree is designed to build upon your previous counselling training. You will further develop your knowledge and understanding, gain a deeper theoretical base and apply what you learn to a variety of practice contexts and learn how to provide an effective service to your clients while maintaining your wellbeing. The programme will also encourage you to critically reflect and develop relevant transferable skills such as critical enquiry, argument and analysis, and independent learning. Alongside this, you will also gain real-life work experience by running therapeutic groups within the community, building your confidence as a practitioner.





UCAS CodeCPSYLocationAccrington CampusLength1 year full-time or 2 years part-time

What will I study?

- Morality and personality
- Advanced professional and personal development
- Supervision in counselling and psychotherapy
- Working with trauma
- Dissertation

How will the course be assessed?

A series of written and practical work is assessed by your lecturers and will determine your overall grade.

Progression

This programme will lead to employment within the counselling and psychotherapy field. You can also go on to study a Masters Degree.

Entry requirements

See page 30 for more details. If you do not meet our entry requirements you can start your path to a Higher Level qualification with our Access to Higher Education Diploma.



BA (Hons)

JCAS Code	LL59
ocation	Accrington Campus
ength	3 year full-time or 6 years part-time

University of Cumbria

FdA

Health and Applied Social Studies

If you would like to pursue a career in the Health and Social Care sector or upskill in your current role, this programme will equip you with the skills needed to be a professional in this industry. You will explore the causes and consequences of human actions and contextualize these into a range of social and health issues, related social and welfare policies and the operation of relevant societal institutions. You will gain a deeper understanding of health theory, contemporary topics, and analytical techniques related to the study of health issues.

What will I study?

In year one, you will study

- Introduction to health studies
- Personal and professional development
- Sociological perspectives
- Theories of social change
 and globalisation
- Introduction to research methods

In year two, you will study:

- British welfare and social policy
- Career focused professional development
- Health psychology
- Social divisions
- Crime and deviance in society
- Research development
- In year three, you may study:
- Dissertation
- Gender and sexuality in society
- Criminal justice and penal policy
- Youth and community studies
- Geography of health
- Leadership and management
- Contemporary issues

How will the course be assessed? A series of written and practical work

determine your overall grade.

is assessed by your lecturers and will

Progression

This programme will lead to employment within the sector. You can also go on to study a Masters Degree.

Entry requirements

See page 30 for more details. If you do not meet our entry requirements you can start your path to a Higher Level qualification with our Access to Higher Education Diploma.





Criminology and Criminal Justice

Have you always been interested in the criminal justice system? Or maybe you currently work in the sector? A Foundation Degree in Criminology and Criminal Justice will start you on your path to working in this challenging and rewarding field. You will learn the knowledge base that will enable you to reflect on the skills you need to be an effective practitioner in the criminal justice sector. You will also have the opportunity, if you do not already work in the sector, to go on to a placement that will give you the hands-on experience to further your career in a wide range of roles associated with criminal justice and its agencies.





UCAS CodeCC19LocationAccrington CampusLength2 years full-time or 4 years part-time

What will I study?

You will study six core modules:

- Representations of crime
- Psychology and crime
- Preparing to work in the criminal justice sector
- Principles of criminology
- Introduction to the criminal justice process
- Sentencing and punishment

In your second year, you will study:

- Alternative responses to crime
- Contemporary issues in criminal justice
- Research in the criminal justice sector
- Victimology
- Work based learning
- Youth justice

How will the course be assessed?

A series of written and practical work is assessed by your lecturers and will determine your overall grade.

Progression

On completion of the FdA, you can go on to study a top-up degree. See how you can progress on page 16.

Entry requirements

See page 34 for more details. If you do not meet our entry requirements you can start your path to a Higher Level qualification with our Access to Higher Education Diploma in Business.



apply

Simply follow the steps below:

Part-Time Study

universitycentre.nelsongroup.ac.uk.

Full-Time Study

Applicants for full-time undergraduate courses should apply through UCAS. The online application form and guidance notes are available on the UCAS website at: www.ucas.com. If you need help with this process, contact our Admissions Team by email: he@nelsongroup.ac.uk or by telephone: 01254 354047

Higher Level Apprenticeships

To apply for a Higher Level Apprenticeship, please contact our Apprenticeship Team on 0333 003 1717 or he@nelsongroup.ac.uk

After you've applied

You may be invited to an informal interview with our expert lecturers who can answer any questions you may have about our programmes. It is a great chance to look around and see our facilities too.

Talk to Us

If you have a question, get in touch, we can help. Live Chat: universitycentre.nelsongroup.ac.uk Email: he@nelsongroup.ac.uk Telephone: 01254 354117 or 01254 354047



How you apply depends on the route of study you intend to take. Whether you are considering full-time or part-time study, applying is easy.

To apply for a part-time course and teacher training please complete our Higher Education application form which is available at

Each course has its individual entry requirements depending on the level of study you are applying for.

Further information about particular course entry requirements can be found on our website universitycentre.nelsongroup.ac.uk or you can contact our Admissions Team at he@nelsongroup.ac.uk or by telephone: 01254 354047 or 01254 354117.

Generally, if you are applying for a HNC, Foundation Degree or BA (Hons), the entry requirement is a Level 3 qualification with GCSE Maths and English or equivalent. If you are applying for an HND, the entry requirement is a relevant HNC.

We welcome and encourage applications from mature students who may not meet

the traditional entry requirements. We will take into account your motivation, ability, industrial experience and educational

University Centre Admissions Team on he@nelsongroup.ac.uk or 01254 354047

Get help with your fees and finance

There are a number of options available to support students through their university studies.

Tuition Fees

Our University Centre fees are lower than universities and with the additional savings of living at home, that's even more reason to study at one of our campuses.

If you are planning to study a University Centre qualification and are not self-funding the course, you are eligible to apply for tuition fee funding via Student Finance England. The Tuition Fee Loan doesn't have to be paid back until your income is over the current UK repayment threshold of £26,575* a year.

Tuition fee loans are available for both full-time and part-time study

Maintenance Loan

If you are studying full-time or part-time, you may be eligible for a Maintenance Loan to help with living costs. This is dependent upon your household income.

Childcare Grant (CCG)

If you are studying full-time, you might also be able to apply for a CCG, which helps with childcare costs. This is dependent upon your household income.

Further details can be found on **www.gov.** uk/studentfinance or by contacting the HE Office on HE@nelsongroup.ac.uk or 01254 354047.

Advanced Learner Loan

If you are looking to study a course at Level 3 or above and are not eligible for this to be funded, an Advanced Learner Loan may be an option to pay your course fees.

Loan repayments are linked to what you earn when you have finished your course, not how much you borrowed. You only need to start paying back your Advanced Learner Loan when you are earning over the repayment threshold. For more information on the Advanced Learner Loan visit www.gov.uk/advanced-learnerloan/overview If you wish to apply for an Advanced Learner Loan, loan applications can be made when you enrol. You will need a valid UK passport or birth certificate (the application takes longer to process if you do not have a passport). You will also need information from College to complete the loan application - this will be provided at your assessment.

Access to Higher Education Financial Support

Access to Higher Education Diploma courses may be FREE with an Advanced Learner Loan! Loans may be reclaimed upon completion of a degree. Financial support may also be available for students to support with course related fees. Please note that for the Access to University Diploma this is only reimbursed upon completion of your chosen degree course. The fully-funded programme route is for those aged 19-24 who are aiming to complete their first full Level 3 qualification.

*correct as of March 2021





Part of the





Nelson and Colne College Scotland Road Nelson, Lancashire BB9 7YT



Accrington and Rossendale College Sandy Lane Accrington, Lancashire BB5 2AR

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