

NELSON & COLNE
COLLEGE GROUP

UNIVERSITY CENTRE

Be
extraordinary.

SPORT
SECTOR GUIDE

Welcome to Sport

Are you ready to develop your expertise in the Sport industry?

With the Sports market expected to grow significantly in the next few years with the digital evolution now is the perfect time to upskill, retrain, or start your career. You will not only invest your time into a sport that you are passionate about, but you can transform that hobby into a career.

Make a difference with Sport and be a part of a sector that can make a real change to a person's life. Whether you are working with young children, athletes, teams or adults – you have the opportunity to help people nurture their physical abilities through Sport or coaching.

Be a part of a community of students who love Sports and a team of lecturers who can help you hone your current skills and set you on your path to becoming an expert professional in your field.

Did you know...
the Sport industry
holds nearly
1 million jobs

Sport and
physical activity
contributes £23.8 billion
to the UK's
economy



Why Us?

Our University Centre promises high-quality teaching with expert lecturers who have in-depth industry knowledge, paired with qualifications that are designed with the industry in mind; getting you ready to start your career or upskill.

Facilities across our campuses promise modernised classrooms, well equipped Learning Resource Centres, and dedicated spaces to help you thrive in your studies. Areas across our campuses are also undergoing significant investment to give you spaces to enjoy, relax, and study.

You will also have the use of a wide range of Sport resources and a Sports Science Laboratory that will compliment your studies, these will include:

- Boditrax[®] body composition scanner
- 'Witty' wireless training timing gates
- Playertek GPS player tracker system
- Batak Reaction Wall
- Watt Bike
- Woodway Treadmill
- Monark Wingate Testing Bike
- Douglas Bag Gas Analysis System
- Blood Lactate Testing
- Nacsport analysis software
- Fully accessible gym and sports centre with specialised rooms with Olympic bars and weights
- FIFA approved full size 3g pitch

Invest in your future with our flexible programmes that are designed to work around your current home-life. You can learn now, pay later with Student Finance and fast-track your career.



Fast-track your career

With a Higher Level qualification in Sport, it can open up many career opportunities depending on your interests and passions. Whether that's teaching, owning your own business or become a sports therapist; you can decide which area of the market you would like to specialise in. Here are some of the roles you could pursue:



Help people achieve their full potential, become a **Sports Coach**.

You will:

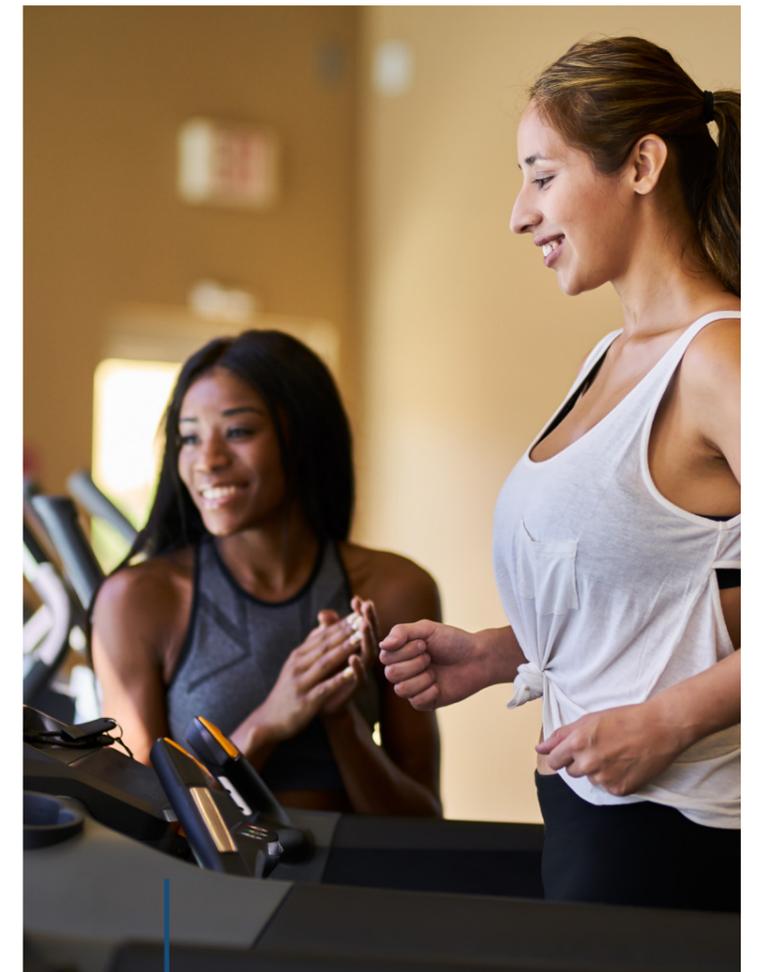
- Earn from £15k - £35k and progress on to an experienced coach salary of up to £100k
- Evaluate sport performance and providing suitable feedback
- Assess strengths and weaknesses in a participant's performance
- Act as a role model



Make a difference in schools and your community, become a **Sports Development Officer**.

You will:

- Earn from £18k - £30k and progress on to a manager salary of up to £40k
- Identify sport, recreation and health initiatives
- Coordinate, deliver and promote relevant sport activities, classes and events
- Raise public awareness of health and fitness issues and promote participation in sport



Be your own boss, create your own brand, become a **Personal Trainer**.

You will:

- Earn from £25k - £60k depending on your experience and clientele
- Create tailored fitness plans and monitor client progress
- Educate and advise clients to maintain or reach their health goals
- Hold one-on-one or group sessions with clients

Job stability, constant demand within the sector



Maximum earning potential, if you create your own business



International job opportunities

Industry Partnerships

Our academics work with industry leaders from across Lancashire who help us shape our programmes.

We have a long-standing partnership with Burnley FC in the Community and a host of our partners from across Lancashire.

Our varied industry links not only inform the design and planning of our qualifications, but also support your studies. You can take advantage of partner expertise with guest lecturing and the use of expert facilities.



Our Experts



Matthew Wilson
Programme Leader
for Sport

"I specialise within Performance Analysis and Personal and Professional Development. I have experience of delivering fitness qualifications internationally, and I have previously worked for the Ireland Rugby League team and Preston North End Football Club.

"The recently re-validated programme with Liverpool John Moores University provides students with the opportunity to develop purposeful knowledge and experiences within sport and exercise, to enhance potential career pathways. The expert staff, facilities, external links and smaller cohorts allows for continued support and development throughout your studies with us.

"There are opportunities and experiences to be gained within sport and exercise everywhere in the world, and I feel sport and exercise not only has the capability to increase people's physical health, but also mental health and the ability to enhance people's lives for the better."

"There are opportunities and experiences to be gained within sport and exercise everywhere in the world."

Our Graduates

"I thoroughly enjoyed my course as it offered a wide selection of modules with the depth to keep on learning. The smaller class sizes are a great advantage at the University Centre and these allowed for a better learning environment, and also for far greater student/lecturer engagement.

"I would 100% recommend the University Centre and this course to others. The teaching staff are great, and this also included the wider support staff that you may not necessarily see day-to-day on your course.

"I'm working towards a job teaching in the area of my subject at either Foundation or Higher Education level. My ambition is to help as many people as possible gain the highest qualification they can achieve, and help shape people to become the best person they can."



Philip Rushton

Studied:
BSc (Hons) Sports Science and Coaching Studies

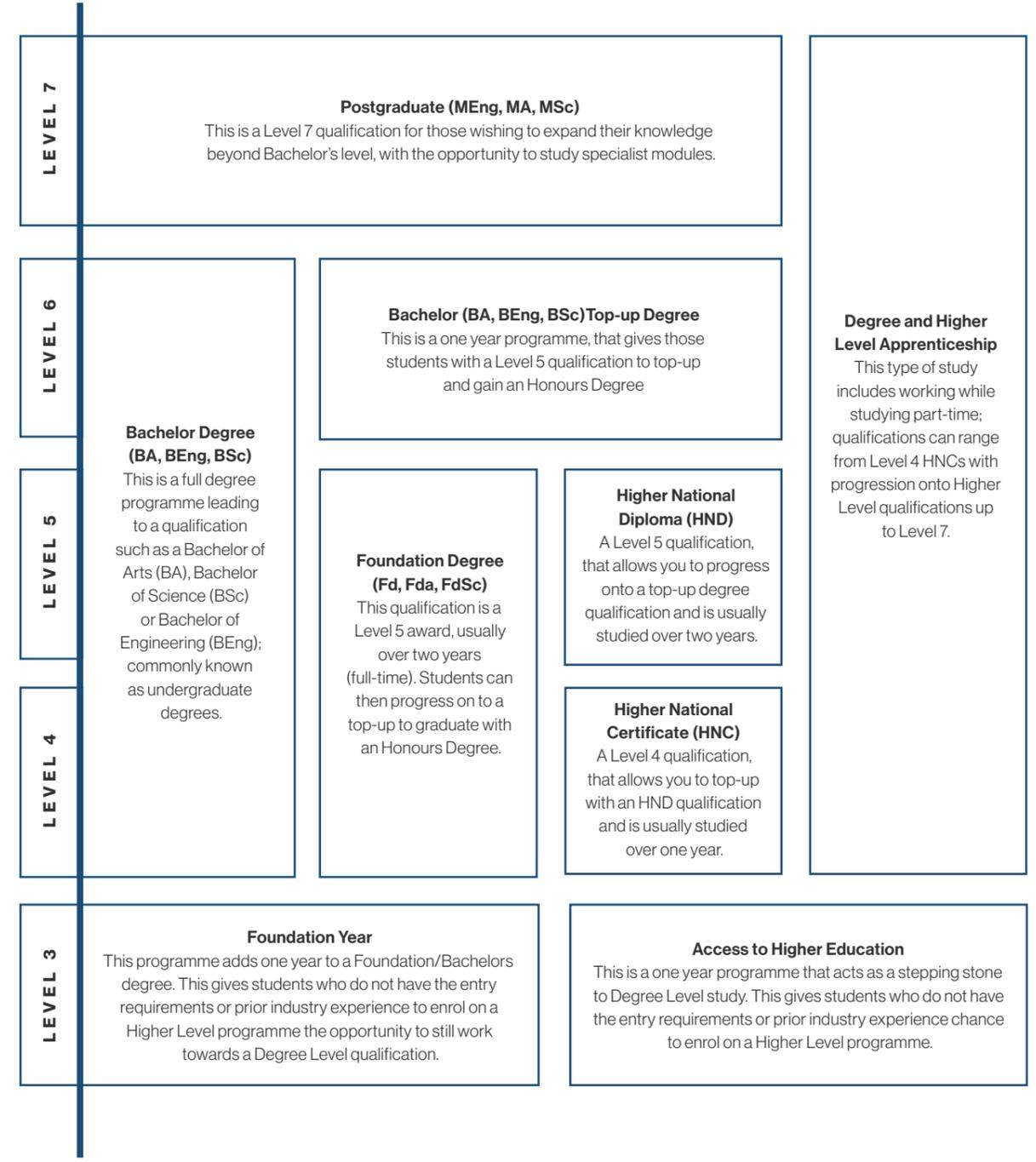
Where now:
Studying for a Professional Graduate Certificate in Education at Nelson and Colne College Group University Centre

Qualifications designed for industry

Our qualifications are designed to suit you. We offer flexible delivery and tailored study packages, so you can study while you work, fit learning around your family life or take things at your own pace. Fast-track your career and invest in your future, with courses designed to meet the industry needs.

The sports analytics market has a compound annual growth rate of 30% until 2024

The Sports industry is the second fastest growing sector for brands, outpacing the GDP growth of most countries



Qualifications Explained

Our Courses

Our programmes
run in partnership with
Liverpool John Moores
University who is in the
top 10 in the country
for Sports Science
based courses

CertHE

Subject to Validation

Sport Coaching and Performance

If you're looking for a career in Sport Coaching and Performance, this programme is run in partnership with Burnley FC in the Community, and will give you an advantage in your career. You will not only develop your academic knowledge but learn practical application techniques. It will also be delivered in a flexible and innovative learning environment, that will help you become a critical and reflective practitioner using current best practices in the industry.



What will I study?

You will study:

- Introduction to coaching
- Personal and professional development
- Introduction to psychology
- Coaching pedagogy
- Anatomy and exercise physiology
- Introduction to research methods

How will the course be assessed?

A series of written and practical work is assessed by your lecturers and will determine your overall grade.

Progression

On completion of this course, you can find employment within the sector or progress on to BSc (Hons) Sport Coaching and Performance.

Entry requirements

This is assessed on an individual basis. See page 15 for more details.

BSc (Hons)

Subject to Validation

Sport Coaching and Performance

If you're looking for a career in the Sport Coaching and Performance Industry, this programme can help you develop your expertise in this area. You will not only develop your academic knowledge but learn practical application techniques. It will also be delivered in a flexible and innovative learning environment, that will help you become a critical and reflective practitioner using current best practices in the Sports Coaching and Performance Industry.



What will I study?

In year 1, you will study:

- Introduction to coaching
- Personal and professional development
- Introduction to psychology
- Coaching pedagogy
- Anatomy and exercise physiology
- Introduction to research methods

In year 2, you will study:

- Applied issues in sports development and society
- Career focused professional development
- Psychological issues in professional sport
- Coaching skills project
- Physiology of strength and conditioning exercise
- Research development

In year 3, you will study:

- Sports policies and agendas
- Applied sport psychology
- Applied strength and conditioning
- Professional development and practice
- Research project

How will the course be assessed?

A series of written and practical work is assessed by your lecturers and will determine your overall grade.

Progression

On completion of this course, you can find employment within the sector

Entry requirements

This is assessed on an individual basis. See page 34 for more details.





How to apply

How you apply depends on the route of study you intend to take. Whether you are considering full-time or part-time study, applying is easy. Simply follow the steps below:

Part-Time Study

To apply for a part-time course and teacher training please complete our Higher Education application form which is available at universitycentre.nelsongroup.ac.uk.

Full-Time Study

Applicants for full-time undergraduate courses should apply through UCAS. The online application form and guidance notes are available on the UCAS website at: www.ucas.com. If you need help with this process, contact our **Admissions Team** by email: he@nelsongroup.ac.uk or by telephone: **01254 354047**

Higher Level Apprenticeships

To apply for a Higher Level Apprenticeship, please contact our Apprenticeship Team on **0333 003 1717** or he@nelsongroup.ac.uk

After you've applied

You may be invited to an informal interview with our expert lecturers who can answer any questions you may have about our programmes. It is a great chance to look around and see our facilities too.

Talk to Us

If you have a question, get in touch, we can help.

Live Chat: universitycentre.nelsongroup.ac.uk

Email: he@nelsongroup.ac.uk

Telephone: **01254 354117** or **01254 354047**

Entry Requirements

Each course has its individual entry requirements depending on the level of study you are applying for.

Further information about particular course entry requirements can be found on our website universitycentre.nelsongroup.ac.uk or you can contact our Admissions Team at he@nelsongroup.ac.uk or by telephone: 01254 354047 or 01254 354117.

Generally, if you are applying for a HNC, Foundation Degree or BA (Hons), the entry requirement is a Level 3 qualification with GCSE Maths and English or equivalent. If you are applying for an HND, the entry requirement is a relevant HNC.

We welcome and encourage applications from mature students who may not meet

the traditional entry requirements. We will take into account your motivation, ability, industrial experience and educational background.

For further information about entry requirements, please contact the University Centre Admissions Team on he@nelsongroup.ac.uk or 01254 354047 or 01254 354117.

Get help with your fees and finance

There are a number of options available to support students through their university studies.

Tuition Fees

Our University Centre fees are lower than universities and with the additional savings of living at home, that's even more reason to study at one of our campuses.

If you are planning to study a University Centre qualification and are not self-funding the course, you are eligible to apply for tuition fee funding via Student Finance England. The Tuition Fee Loan doesn't have to be paid back until your income is over the current UK repayment threshold of £26,575* a year.

Tuition fee loans are available for both full-time and part-time study.

Maintenance Loan

If you are studying full-time or part-time, you may be eligible for a Maintenance Loan to help with living costs. This is dependent upon your household income.

Childcare Grant (CCG)

If you are studying full-time, you might also be able to apply for a CCG, which helps with childcare costs. This is dependent upon your household income.

Further details can be found on www.gov.uk/studentfinance or by contacting the HE Office on HE@nelsongroup.ac.uk or 01254 354047.

Advanced Learner Loan

If you are looking to study a course at Level 3 or above and are not eligible for this to be funded, an Advanced Learner Loan may be an option to pay your course fees.

Loan repayments are linked to what you earn when you have finished your course,

not how much you borrowed. You only need to start paying back your Advanced Learner Loan when you are earning over the repayment threshold. For more information on the Advanced Learner Loan visit www.gov.uk/advanced-learner-loan/overview If you wish to apply for an Advanced Learner Loan, loan applications can be made when you enrol. You will need a valid UK passport or birth certificate (the application takes longer to process if you do not have a passport). You will also need information from College to complete the loan application – this will be provided at your assessment.

*correct as of March 2021



Part of the



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